FACT SHEET

Our Mission

Our Mission is to address the food deserts and obesity rates in Greenfield Park community by creating an urban "community garden and healthy food preparation/nutrition program.

We want to ensure that enough residents, especially those in low resourced areas are inspired to direct their talents to create a greater commitment to healthy living and active participation and dialogue amongst each other.

We partner with Ag Centers/ High Schools/non-profit organizations and/or community-based entities to include local businesses to offer residents/students training and opportunities and foster engagement.

What is a Community Garden?

The <u>American Community Gardening</u> <u>Association</u> defines community garden broadly. A community garden can be urban, suburban, or rural. It can grow flowers, vegetables—or community. It can be one community plot or many individual plots. It can be located at a school, hospital, or in a neighborhood.

What is a Food Desert?

USDA: A tract in which at least 100 households are located more than one-half mile from the nearest supermarket and have no vehicle access; ...

Greenfield Missionary Baptist Church & Mixon-Clayton Bridge Builders Memorial Foundation WELCOME! Community Gardening



Scan QR code if you are interested in our Community Garden Program

Why community gardens?

Neighborhoods with successful gardens:

- Combat food insecurity, both in quantity and quality
- Build on the resources of cities, towns, and parishes to deal with urban problems
- Fight climate change by reducing the distance food travels, and minimize the carbon footprint of food
- Boost the local economy
- Improve community health through better nutrition and increased physical activity
- Create social capital

In short, community gardens build stronger and safer communities.

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